NOVEMBER ELEMENTARY MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Nuggets(11) Grilled Cheese Sandwich(28) Tossed Salad(3) Baked Potato Wedges(16) Tomato Soup(16) Peaches(12) Roll(18) **Breakfast** Breakfast Pizza(25)	**3** Hamburger/Cheeseburger(26) Chicken Quesadilla(24) Baked Beans(24) Tossed Salad(3) Fruited Gelatin(27) **Breakfast** Sausage Biscuit(28)	**4** Beef Nuggets(6) PB&J(54) Tossed Salad(3) Broccoli & Cheese(3) Baked Sweet Potato(28) Fruit Cup(12) Roll(18) **Breakfast** French Toast Sticks(32)	**5** Nachos w/ Chili(29) PB&J(54) Tossed Salad(3) Mashed Potatoes(12) Corn on the Cob(18) Fresh Apple(19) **Breakfast** Honey Bun(38)	**6** Pizza Dippers w/ Marinara(34) Hot Dog(21) Carrot & Celery Sticks w/ Dip(4) Tossed Salad(3) Baked Apples(25) Raisins(34) **Breakfast** Chicken Biscuit(35)
9 Macaroni & Cheese(33) Chicken Fillet Sandwich(38) Tossed Salad(3) Green Beans(5) Steamed Carrots(9) Pineapple Tidbits(11) Roll(18) **Breakfast** Breakfast Pizza(25)	**10** Taco(25) PB&J (54) Tossed Salad(3) Oven Roasted Potatoes(11) Pinto Beans(19) Chilled Applesauce(9) **Breakfast** Sausage Biscuit(28)	**11** **Holiday**	**12** Corndog Nuggets(29) PB&J(54) Tossed Salad(3) Mashed Potatoes(12) Vegetable Soup(15) Peach Cobbler(32) **Breakfast** Honey Bun(38)	**13** Cheese or Pepperoni* Pizza(28) Roasted Chicken (3) Tossed Salad(3) Baked Potato(37) Strawberries (5) Raisins(34) **Breakfast** Chicken Biscuit(35)
16 Chicken Nuggets(11) Grilled Cheese Sandwich(28) Tossed Salad(3) Baked Potato Wedges(16) Tomato Soup(16) Peaches(12) Roll(18) **Breakfast** Breakfast Pizza(25)	**17** Hamburger/Cheeseburger(26) Chicken Quesadilla(24) Baked Beans(24) Tossed Salad(3) Fruited Gelatin(27) **Breakfast** Sausage Biscuit(28)	**18** Beef Nuggets(6) PB&J(54) Tossed Salad(3) Broccoli & Cheese(3) Sweet Potato Souffle(56) Fruit Cup(12) Roll(18) **Breakfast** French Toast Sticks(32)	**19** Nachos w/ Chili(29) PB&J(54) Tossed Salad(3) Mashed Potatoes(12) Sweet Yellow Corn(13) Fresh Apple(19) **Breakfast** Honey Bun(38)	**20** Pizza Dippers w/ Marinara(34) Hot Dog(21) Carrot & Celery Sticks w/ Dip(4) Tossed Salad(3) Chilled Applesauce(9) Raisins(34) **Breakfast** Chicken Biscuit(35)
23 Macaroni & Cheese(33) Chicken Fillet Sandwich(38) Tossed Salad(3) Steamed Carrots(9) Pineapple Tidbits(11) Roll(18) **Breakfast** Breakfast Pizza(25)	**24** Turkey, Dressing & Gravy Taco(25) Tossed Salad(3) Mashed Potatoes(12) Green Beans(5) Baked Apples(25) Cranberry Sauce **Breakfast** Sausage Biscuit(23)	**25** **Vacation**	**26** **Holiday**	**27** **Holiday**
30 Chicken Nuggets(11) Grilled Cheese Sandwich(28) Baked Potato Wedges(16) Tomato Soup(16) Peaches(12) Roll(18) **Breakfast** Breakfast Pizza(25)	FOR YOUR HEALTH 0g TRANS FAT THIS FOOD FACILITY USES TRANS FAT-FREE OILS FOR ON-SITE PREPARATION Guilford County Department of Public Health Get Healthy Guilford	The numbers in () indicate the grams of carbohydrates per menu item. **Available Daily at Breakfast:** Choice of Milk &/or 4 oz. Juice Cereal & Toast(10) **Available Daily at Lunch:** Choice of Milk	****Early Release Day Menu** (if applicable) Turkey Ham & Cheese Sandwich PB&J Sandwich Baby Carrots w/ Dip 4 oz. Fruit Cup Milk Items with an asterisk (*) contain pork	got to be NC FARM TO SCHOOL Goodness Grows In NC

****Menus are subject to change due to weather, calendar changes, administrative directives &/or product availability**.

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